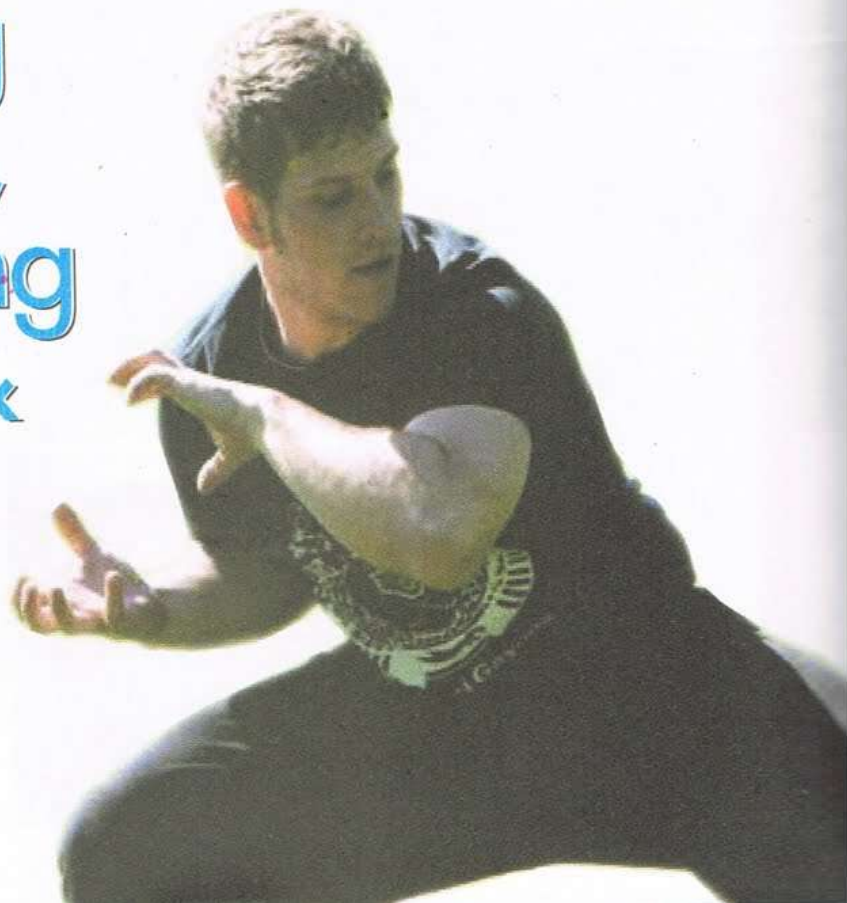




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Dave Krzyzewski

My favorite *Buah*
Sinking
Python,
Hanging
Rope &
Broken
Boost



My name is David Krzyzewski and I'm from Downers Grove IL. I've been training in Gayong since May of 2008. I was first introduced to the art by my friend Nader.

At the time I was helping him paint apartments and we struck up a conversation about martial arts.

I had always been interested in martial arts, but had never really got involved in a style except from my cousins that taught Shotokan karate.

I trained rarely with them because they lived 600 miles away.

Nader informed me that he had trained in Silat. I had heard of Silat from the television show Human Weapon.

I was very interested in Silat after seeing the program, and was surprised that someone taught it in the United States.

After our conversation I asked him if he would find out if I could check it out, and by the following weekend I started my training.

I was very nervous the first day of class and I arrived early. This is when I met Jen. When we started training everyone was handed a knife including myself.

At this point I was wondering what I had gotten myself into. By the end of this first class I was hooked and I have been training ever since.

I eventually signed up for Gayong through the community



All of the techniques seem practical and effective. My favorite Buah techniques are Sinking Python, Hanging Rope, and Broken Boost.

Though I have many other favored Buah techniques, those three are my favorite.

The reason that I enjoy Gayong over any other martial art is simple. I have great teachers and great training partners.

The bonds that have been made are strong and I consider them my family. This is what I find most important about

training in Gayong. I trust my training partners and my teachers completely which is something very special. Along with the family aspect that has been built over the years I truly enjoy the variety of techniques.

There is so much to learn from this art that there is no chance to ever stop learning. I find this to be humbling and I like that.

I never plan to stop training in Gayong, and I hope one day to go to Malaysia to train with more of my Gayong family.

I have recently transferred out of College of Dupage and now attend Concordia University.

It's hard to say what my favorite techniques are, since there are so many. The two weapons I enjoy training with are pisau and parang. It is hard to say which techniques I like best from these weapons because like them all.

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